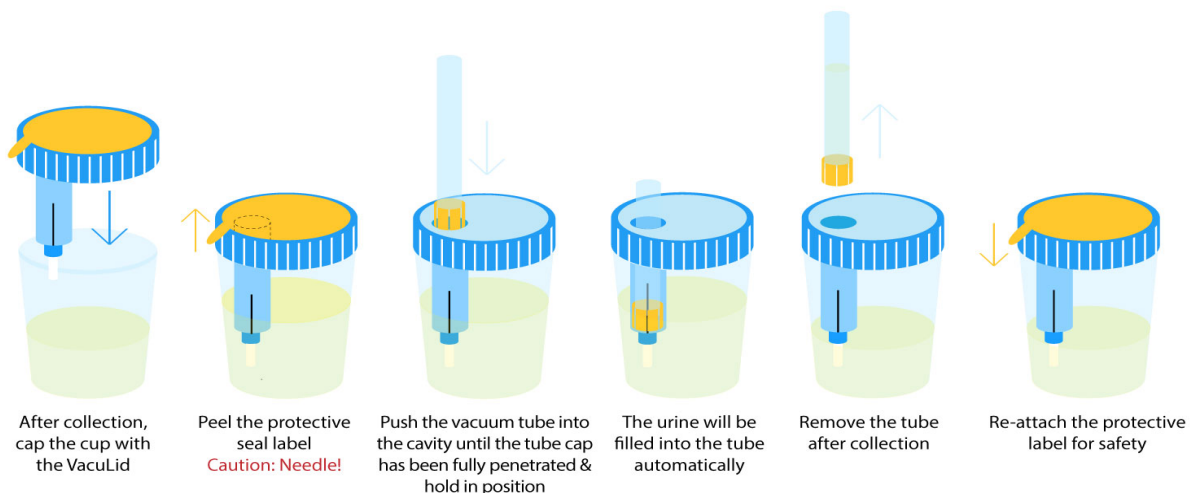


## SPECIMEN COLLECTION AND HANDLING INSTRUCTIONS FOR CHRONIC INFLAMMATION TEST

Before you begin the test, ensure your box includes all of the following: (1) Collection Cup with built in transfer device, (2) Specimen tube, (3) Biohazard bag with absorbent pad, (4) Small specimen tube identification label, (5) Business Reply Label to return completed test to Inflammatory Markers Laboratory via the US Post Office and (6) Test Request Form.

### Step 1:

Collect your first morning urine in the collection cup provided. Follow the instructions depicted below. Remove tube from transfer device. Invert tube to mix. Discard excess urine and specimen cup appropriately.



### Step 2:

Fill out the specimen identification label completely. Ensure information is correct and place the label on the grey specimen tube. Wrap the tube in the absorbent pad and place in biohazard bag.

### Step 3:

Ensure the Test Form is filled in completely. Fold form in half and place in outer pouch on the biohazard specimen bag.

### Step 4:

Ensure the Business Reply label addressed to Inflammatory Markers Laboratory is affixed to box and mail ASAP.